



CAST IRON

DINING ROOM and EVENT HALL

Happy Hour

Daily 4 pm to 7 pm

Daily Specials

Tuesday | Burger Night

Wednesday | Philly Cheese Steak Sandwich

Thursday | Patty Melt

Friday | All You Can Eat Fish Fry

Saturday | Mac Burger

Sunday | Monte Cristo

5906 Old Miller Trunk Hwy

DULUTH, MN

218-729-7514

STARTERS

Additional Sauces \$1.00

CAST IRON POPPER

Cream cheese and parmesan barely contained inside pepper bacon wrapped jalapeños served with a drizzle of pineapple jam. \$11.99

FLATBREAD

Light, flavorful starters, topped with mozzarella and your choice of cherry bourbon pork, chicken broccoli, Philly cheesesteak, or chicken bacon ranch. \$12.99

CHICKEN STRIPS

Breaded chicken strips, regular or spicy. Comes with choice of dipping sauce. \$12.99

PICKLE CHIPS

Deep fried, battered pickle slices with choice of dip. \$10.99

MOZZARELLA STICKS

Battered mozzarella cheese. Served with slow roasted red sauce. \$11.99

WISCONSIN STYLE CHEESE CURDS

Lightly breaded, delicious Wisconsin cheese curds fried to golden, gooey perfection, and served with marinara sauce. \$10.99

STEAKHOUSE BRUSCHETTA

Toasted French bread topped with tomatoes, marinated steak, fresh basil, and balsamic reduction. \$12.99

SALADS

STEAK SALAD

Tender bites of marinated steak on a bed of romaine, blue cheese crumbles, tomato, red onions and raspberry vinaigrette. \$12.99

CITRUS SHRIMP SPINACH SALAD

Sautéed citrus shrimp over fresh spinach, mandarin oranges, avocado, tomato and toasted almond slivers, served with citrus vinaigrette. \$12.99

CAESAR SALAD

Romaine tossed with Caesar dressing, topped with parmesan and croutons.
Large \$10.99 | Small \$8.49 | Add chicken \$5.49

CHEF SALAD

Fresh romaine, smoked ham, chopped bacon, tomato, boiled eggs and cheddar cheese served with your choice of dressing. \$12.99

SPINACH ARTICHOKE DIP

Creamy spinach, artichokes, and cheese served hot with toasted baguette. \$12.99

PRETZEL BITES

Cheese filled pretzel poppers served with sour cream chive dipping sauce. \$9.99

SHRIMP TACOS

3 soft shell tacos with shrimp, cole slaw, and pineapple salsa. \$11.99

TATER KEGS

Huge tater tots stuffed with bacon, cheddar cheese, and chives. \$10.49

CHICKEN WINGS BONE IN

Sauces: Teriyaki, Cherry Bourbon, Hoisin, Buffalo (hot or mild), Plain, Garlic Parmesan, Sweet Chili and Jerk Rub \$12.99

BASKETS

HOME FRIES \$5.99

CHIPS \$5.99

ONION RINGS \$10.49

CURLY FRIES \$8.99

TACO SALAD

Romaine, cheese, onion, tomato, black olives and your choice of seasoned beef or chicken in a tomato basil tortilla shell. \$12.99

HOUSE SALAD

Mixed greens, cucumber, tomato, red onion, croutons and parmesan. \$8.49

ASIAN CHICKEN SALAD

Romaine, cabbage, apple, carrot, red onion, chow mein noodles, topped with a chicken breast. Served with a side of sesame dressing. \$12.99



= Signature item

BURGERS

Choice of seasoned kettle chips, seasoned curly fries, or homemade cut fries. Substitute sweet potato tots or onion rings \$2.00 extra. Gluten free bun available \$3.00

GRILL WARS
2018 RADIO CHAMPION

MUSHROOM AND SWISS BURGER

Swiss cheese melted over fresh sautéed mushrooms. \$13.99

CREAM CHEESE AND OLIVE BURGER

Green olives folded into cream cheese and drizzled with a roasted red pepper sauce, lettuce and tomato. \$13.99



CAST IRON COWBOY BURGER

Saddle up with crispy onion tanglers, pepper jack cheese, tomatoes and hoisin BBQ. \$15.49



HAWAIIAN BURGER

Slice of pineapple topped burger with teriyaki sauce, ham, and Swiss cheese on pub bun. \$14.49



KEG BURGER

Two tater kegs, 2 slices of American cheese on beef patty drizzled with our signature keg sauce. \$14.49

APPLEWOOD BACON BURGER

Applewood smoked bacon and cheddar cheese. \$14.49

Want to double up?
Add a patty for \$5.00!

SANDWICHES

All sandwiches served with choice of seasoned kettle chips, seasoned curly fries, or homemade cut fries. Substitute sweet potato tots, or onion rings \$2.00 extra. Gluten free bun available.



CHICKEN CAPRESE

Grilled chicken breast, basil, tomatoes, fresh mozzarella, drizzled with balsamic reduction on toasted Texas toast. \$13.99

FRENCH DIP

Hoagie bun filled with shaved beef, melted Swiss, and mozzarella with a side of au jus. \$13.49

APPLEWOOD B.L.T. (A)

Applewood smoked bacon with fresh romaine, tomato, avocado and mayo on toasted sourdough. \$13.49



CAST IRON CLUB

Turkey, ham, bacon, cheese, lettuce, tomatoes, and our homemade club sauce, stacked and layered on toasted sourdough. \$15.99



CHERRY BOURBON PULLED PORK

Our one of a kind BBQ pulled pork with slaw, pepper jack, cherry bourbon sauce, and jalapeño chips on grilled pub bun. \$12.49

HAVANA

Smoked ham and pulled pork with mustard, pickles and Swiss cheese on toasted hoagie bun. \$12.49

REUBEN

Corned beef, sauerkraut and Swiss cheese on marble rye, grilled and served with our homemade Reuben dip. \$15.49

ITALIAN HOAGIE

Turkey, salami, pepperoni smothered in provolone. Topped with lettuce, tomato, parmesan, and black olives all drizzled with special dressing and piled high on a toasted hoagie bun. \$14.49

WRAPS

All wraps served on a tortilla with choice of seasoned kettle chips, seasoned curly fries, or homemade cut fries. Substitute sweet potato tots, or onion rings \$2.00. Additional sauces \$1.00.



CHICKEN APPLE WRAP

Grilled chicken breast with diced green apple, bacon, lettuce, tomato and pineapple glaze on a flour tortilla. \$13.49



CAESAR WRAP

Grilled chicken breast wrapped up in a bed of romaine, parmesan, and Caesar dressing on a tomato basil wrap. \$12.99

TZATZIKI CHICKEN WRAP

Chicken, cucumber, tomato, red onion, romaine lettuce, and feta cheese slathered in authentic Tzatziki sauce and wrapped up in a tortilla \$12.99

CLUB WRAP

Ham, turkey, bacon and cheese wrapped with lettuce, tomato, and our homemade club sauce on a tomato basil wrap. \$13.49

CHICKEN, BACON, RANCH WRAP

Chicken, bacon, lettuce, and our homemade ranch on a flour tortilla. \$13.49

HONEY MUSTARD STEAK WRAP

Tender steak bites wrapped up with romaine, tomatoes, French fried onions, cheddar cheese, and sweet honey mustard. \$14.49



= Signature item

KIDS

All served with choice of seasoned kettle chips, seasoned curly fries, or homemade cut fries.
Substitute sweet potato tots or onion rings \$2.00

MAC AND CHEESE \$8.99

CHICKEN STRIPS \$9.99

BURGER \$9.99

MINI CORN DOGS \$9.99

GRILLED CHEESE \$8.99

SODA \$2.50

PIZZA ALL DAY

BACON CHEESEBURGER PIZZA

Hamburger, diced bacon,
cheddar and mozzarella cheese
with a side of pickles. \$14.99

CHEESE \$11.99

PEPPERONI \$12.49

**PEPPERONI AND
SAUSAGE** \$12.99

SUPREME PIZZA

Pepperoni, sausage,
onions, mushrooms, and
green olives. \$13.49

DESSERTS



RUM CARAMEL AND TOFFEE CHEESECAKE

A slice of caramel cheesecake topped with rum caramel sauce and crushed toffee bits. \$7.99



FRESH RASPBERRY CHEESECAKE

A generous slice of cheesecake topped with a drizzle of raspberry sauce and even more raspberries! \$7.99

BOAT OF DONUTS

One dozen freshly made mini donuts. \$7.99

CUPCAKE FLIGHT

Three delicious cupcakes, handcrafted by "Icing on the Cake". \$11.99
Flavors change weekly.



DRINKS

FOUNTAIN SODA 16 OZ.

Coke, Sprite, Diet Coke, Barq's, Cherry Coke,
Dr. Pepper, Ginger Ale, Lemonade, Raspberry
Tea, Iced Tea \$3.00 (free refills)

BOTTLE POP MT. DEW \$3.00

COFFEE | TEA | MILK \$3.00

HOT CHOCOLATE \$3.00

JUICES

Orange, cranberry, pineapple, grapefruit, tomato \$3.00



= Signature item

ASK ABOUT OUR DAILY FOOD and DRINK SPECIALS

ENTREES

Entrees and Pastas available after 4 pm

Entrees come with a vegetable du jour, garden salad or Caesar salad, a choice of either baked potato, garlic mashed potato, rice pilaf, or homemade cut fries.

SMOTHERED STEAK

8 oz. Top sirloin smothered in sautéed onions, mushrooms, peppers, bacon, and Swiss cheese. \$23.99



CHERRY BOURBON GLAZED MEATLOAF

Two hearty pieces of secret recipe meatloaf glazed with our signature Cherry Bourbon BBQ sauce. \$17.99

BEEF TENDERLOIN KABOBS

Perfectly grilled beef tenderloin tips with onions, red & green bell peppers on a skewer. \$23.99

8 OZ. TOP SIRLOIN

Locally sourced hand cut top sirloin. Char-grilled to order. \$22.99

BBQ RIBS

4pc Rib \$18.99 | Half Rack \$24.99



BALSAMIC SALMON

Tomato relish on broiled salmon with fresh basil drizzled with balsamic reduction. \$25.99

PASTA

All pastas served with garlic toast and choice of garden salad or Caesar salad | *Additional Sauces \$1.00*



GARLIC CREAM FETTUCCINE

Homemade creamy garlic Alfredo with fresh fettuccine, sugar snap peas, and topped with shredded parmesan cheese. \$15.99 | Chicken \$19.99 | Shrimp \$19.99 | Both \$23.99



CAJUN CREAM FETTUCCINE

Cajun Alfredo sauce, sautéed bell peppers and onions. \$15.99
Chicken \$19.99 | Shrimp \$19.99 | Both \$23.99



ROSÉ PASTA

Combination of our slow-roasted red sauce and homemade Alfredo! Draped over fresh fettuccine and topped with parmesan, you'll understand why it takes so long. \$15.99



CHICKEN PARMESAN

Our slow-roasted red sauce over fresh fettuccini, crispy chicken topped with melted provolone and parmesan. \$18.99



= Signature item

All items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs which may contain harmful bacteria may increase your risk of foodborne illness or death, especially if you have certain medical conditions.

CAST IRON

BREAKFAST

Available Saturday and Sunday
9 am - 12 pm

HOMEMADE BUTTERMILK CAKES

Full Stack \$10.49 | Short Stack \$8.99
Served with your choice of ham, bacon or sausage.

EGGS YOUR WAY \$10.49

2 eggs any style, served with choice of sausage, ham or bacon. Served with hash browns and toast choice.

BISCUITS AND GRAVY \$10.49

Half Order \$8.99
Buttermilk biscuits doused in homemade sausage gravy, served with 2 eggs any style.

CAST IRON SKILLET \$12.99

Fried potatoes, cheese, peppers, onions, tomatoes, bacon and ham tossed with scrambled eggs.

EGGS BENEDICT \$12.49

Ham, basted eggs, cheese and Hollandaise sauce served on English muffin toast with a side of hash browns.

FRENCH TOAST \$10.49

Two thick slices of battered toast served with bacon, ham or sausage.

BREAKFAST BURRITO \$10.99

Eggs, sausage, bacon and cheese rolled in a flour tortilla.

STEAK & EGGS \$19.99

8 oz. New York Strip, 2 eggs, hash browns, and toast.

CHICKEN FRIED STEAK \$14.99

Chicken fried steak covered in homemade gravy. Two eggs, hash browns and toast.

SOUTH BY SOUTHWEST (SXSU) OMELET \$12.49

Onions, peppers, fresh jalapeño, pepper jack cheese and spicy Italian sausage. Served with a side of our homemade SXSU dressing.

CAST IRON OMELET \$12.49

Onion, peppers, bacon, ham, tomato and cheese.

GARDEN OMELET \$10.99

Mushrooms, tomato, onion, peppers, broccoli and cheese.

HAM & CHEESE OMELET \$11.49

Diced smoked ham and cheddar cheese.

MEAT LOVER'S OMELET \$12.99

Bacon, ham, sausage and cheese.

All omelets made with 3 eggs, served with hash browns and side of toast.



= Signature item

BEVERAGES

COFFEE | TEA | MILK \$3.00

JUICES Orange, Cranberry, Pineapple, Grapefruit, or Tomato \$2.25